

Truth About Cellulite Review Explores Joey Atlas' Naked Beauty SYMULAST Method

SUMMARY: Prominent fitness expert and blogger Vince Delmonico of DietsAndFitnessGuides.com releases a review of a new program entitled "The Truth About Cellulite: the Naked Beauty SYMULAST Method". which promises to help women seeking to rid themselves of the cottage cheese like dimples, wrinkles and unsightly fat pockets commonly known as "cellulite".

The Truth About Cellulite by "Cellulite Slayer" Joey Atlas has quickly become a best selling guide for cellulite reduction creating a buzz of excitement on women's fitness forums and prompting an investigative review by DietsAndFitnessGuides.com's Vince Delmonico.

"Cellulite is a very common concern for women of all ages, but it is also very misunderstood phenomenon," reports Delmonico. "Many people live under the assumption that it's a form of toxic fat, while other mistakenly believe it to be some kind of an untreatable genetic condition. As I have been researching the subject I've found an alarming amount of truly perplexing misinformation. Truth be told it's been a rather daunting task to provide our female website viewers with comprehensive answers to their cellulite frustrations. So, when I heard about the release of Atlas' program I was quite eager to do a review and see if he could offer up any valid solutions."

In a video posted on Atlas' website he explains why the wide array of supposed 'cellulite reduction creams' on the market are completely ineffective at removing cellulite. According to Atlas cellulite is actually the result of under developed muscle tissue in the lower body regions which cause the surrounding fat cells to take on a dimpled, "orange peel" look. (To see the video which includes Atlas' explanation for how to "kill cellulite" click [here](#).)

"One of the most frustrating things about cellulite is the fact that it cannot be dealt with using traditional fat loss methods," says Delmonico. "Women can actually be underweight and still find themselves covered with cellulite. In The Truth About Cellulite Atlas reveals a multi-dimensional body movement plan he calls 'Synergistic Muscle Layer Stimulation' or the SYMULAST Method, which was designed specifically to address the root causes of these saggy cellulite ripples and eliminate them. While gym goers may choose to incorporate the training into their fitness regimes, the fact that these movements can be done at home is a plus for those not interested in purchasing gym memberships."

The Truth About Cellulite is available digitally online allowing customers instant access to the video training, PDF guide, cheat sheets and additional training materials.

[Those wishing to purchase The Truth About Cellulite, or for more information, click here.](#)

Vince Delmonico reviews diets, fitness guides and self help programs on his website DietsAndFitnessGuides.com. Delmonico's Truth About Cellulite review is available at the following web address: <http://www.dietsandfitnessguides.com/joey-atlas-and-his-truth-about-cellulite-naked-beauty-symulast-method-my-review/>

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